

## 7. LAMPIRAN

### Lampiran 1. Kuisisioner

#### Kuesioner

Nama :

Penelitian : *Food Recall*

Instruksi :

Lengkapilah keterangan yang ada dibawah ini, yaitu hari/tanggal menunjukkan hari dan tanggal Anda mengisi kuesioner. Usia, jenis kelamin, pekerjaan, berat badan, dan tinggi badan diisi sesuai dengan data pribadi Anda.

Hari/tanggal :

Usia :

Jenis Kelamin :

Pekerjaan :

Berat Badan : kg

Tinggi Badan : cm

Dibawah ini terdapat beberapa kolom yang harus Anda isi sebagai bahan penelitian kami untuk mengetahui makanan apa saja yang Anda konsumsi selama satu hari. Kolom pertama menunjukkan waktu pola konsumsi Anda yaitu tiga kali dalam sehari (pagi, siang, dan malam) yang ditandai dengan keterangan jam Anda mengkonsumsi makanan.

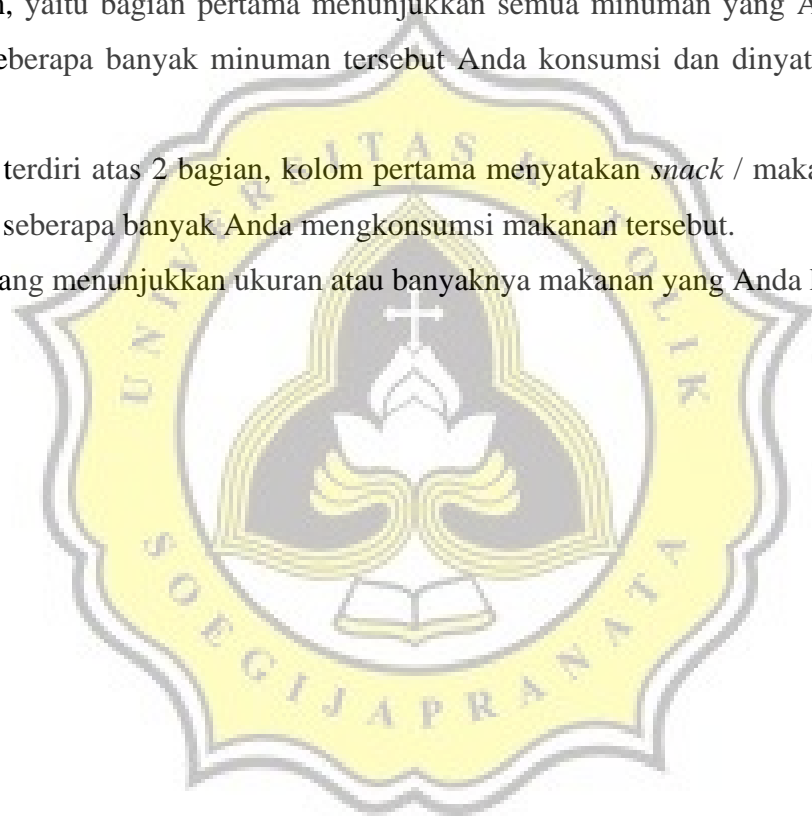
Kolom A terdiri atas 2 bagian, yaitu bagian pertama menunjukkan makanan utama yang Anda konsumsi, misalnya seperti Makanan Pokok (Karbohidrat), Lauk Hewani, Lauk Nabati, Sayuran, dan Buah. Bagian yang kedua menunjukkan jumlah atau seberapa banyak Anda mengonsumsi makanan tersebut dan dinyatakan dengan satuan seperti yang tertera pada keterangan.

Kolom B terdiri atas 2 bagian, yaitu bagian pertama menunjukkan semua minuman yang Anda minum (termasuk susu) dan bagian kedua menunjukkan seberapa banyak minuman tersebut Anda konsumsi dan dinyatakan dengan satuan seperti yang tertera pada keterangan.

Demikian pula pada kolom C terdiri atas 2 bagian, kolom pertama menyatakan *snack* / makanan ringan yang Anda konsumsi dan bagian kedua menyatakan seberapa banyak Anda mengonsumsi makanan tersebut.

Berikut ini adalah parameter yang menunjukkan ukuran atau banyaknya makanan yang Anda konsumsi.

Keterangan:



Bh = buah  
Btg = batang  
Btr = butir  
Bks = bungkus  
Pk = pak  
Mk = mangkuk  
Prg = piring  
Bj = biji  
Kl = kaleng  
Lbr = lembar  
Ptg = potong  
Sdm = sendok makan  
Sdt = sendok teh  
Gls = gelas minum belimbing  
(200ml)  
Ckr = cangkir  
Sdg = sedang  
Bsr = besar  
Kcl = kecil  
Tki = tangkai  
Pck = pucuk  
G = gram  
Ps = porsi



Waktu	A		B		C	
	Makanan Utama	Jumlah	Minuman	Jumlah	Snack	Jumlah
Pagi Jam:						
Siang Jam:						
Malam Jam:						

TERIMA KASIH

## Lampiran 2. Pola Konsumsi Siswa Laki – Laki

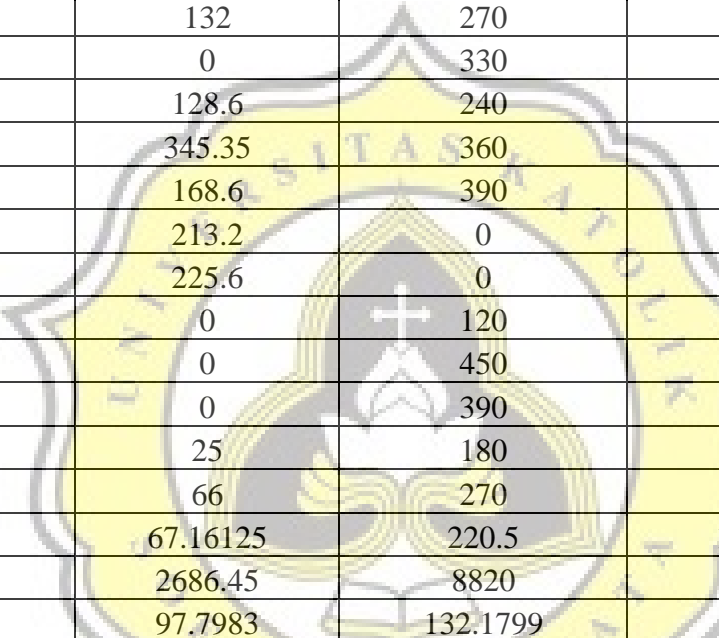
### Makanan Pokok

Responden	Makanan Pokok					Total (gr)
	Nasi	Bubur	Mi	Roti	Oat	
1	3800	0	35	0	0	3835
2	3240	0	35	20	0	3295
3	3800	0	10	0	0	3810
4	4200	0	0	0	0	4200
5	3600	0	115	25	0	3740
6	3400	100	130	100	0	3730
7	4040	0	225	0	0	4265
8	3700	0	175	0	0	3875
9	1600	0	400	0	315	2315
10	2200	0	230	25	0	2455
11	3440	150	80	0	0	3670
12	3400	0	195	0	0	3595
13	2200	0	70	0	0	2270
14	3500	0	260	0	0	3760
15	4000	0	10	0	0	4010
16	3200	0	130	20	0	3350
17	3800	0	90	0	0	3890
18	3500	0	55	0	0	3555
19	2500	0	0	75	0	2575
20	4100	0	70	0	0	4170

21	4800	0	20	250	0	5070
22	2700	0	65	25	0	2790
23	2900	0	200	0	0	3100
24	1700	0	240	25	0	1965
25	3400	0	445	0	0	3845
26	2700	0	560	0	0	3260
27	4850	0	155	125	0	5130
28	2200	200	10	20	0	2430
29	3400	200	10	20	0	3630
30	3200	0	160	75	0	3435
31	3600	0	0	0	0	3600
32	3900	0	100	50	0	4050
33	2300	0	35	230	0	2565
34	3200	0	300	0	0	3500
35	4200	0	35	0	0	4235
36	2200	100	345	0	0	2645
37	3600	0	90	0	0	3690
38	3000	0	395	0	0	3395
39	3640	100	35	0	0	3775
40	2300	100	185	25	0	2610
Rata-Rata	3275.25	23.75	142.5	27.75	7.875	3477.13
Total	131010	950	5700	1110	315	139085
SD	778.7959	55.4556	138.6057	57.4451	49.8059	720.9377

**Lauk Pauk**

Responden	Lauk Pauk				Total (gr)
	Daging	Ikan	Telur	Tahu / Tempe	
1	515	0	60	275	850
2	275	272	300	18.75	865.75
3	324.5	0	30	228.75	583.25
4	638	62	60	18.75	778.75
5	1226	0	90	322.5	1638.5
6	537	0	300	586.25	1423.25
7	484.5	21	180	282.5	968
8	677	120	240	25	1062
9	174	0	60	200	434
10	498	0	90	86.25	674.25
11	231	28	180	328.75	767.75
12	159	0	240	132.5	531.5
13	945	0	60	0	1005
14	288	0	240	157.5	685.5
15	592	259.5	210	47.5	1109
16	520	24	210	186.25	940.25
17	417	0	360	351.25	1128.25
18	337	0	240	263.75	840.75
19	82	128.6	210	212.5	633.1
20	338	0	450	201.25	989.25
21	279	265	60	207.5	811.5
22	127	0	120	180	427
23	141	0	300	210	651
24	709	0	120	37.5	866.5

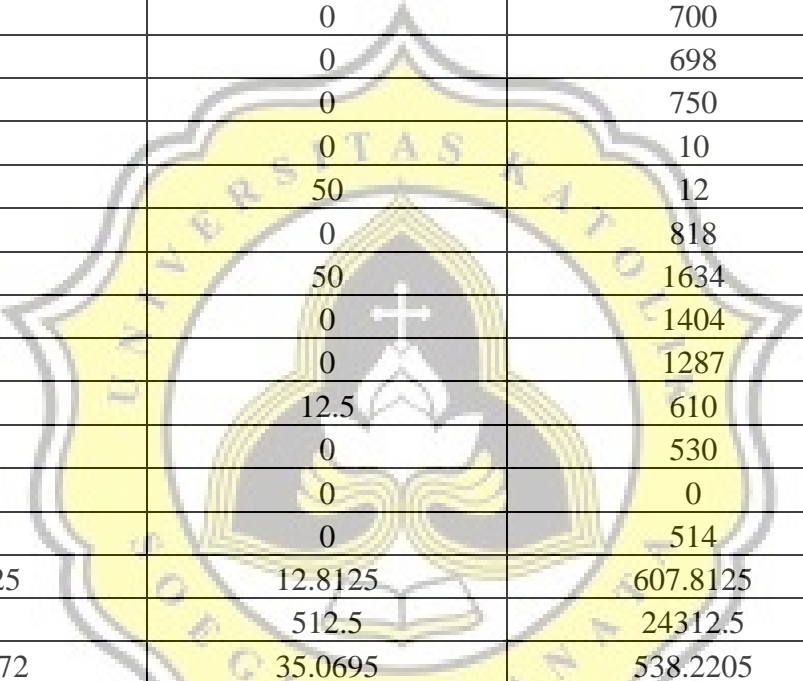


25	442	0	420	353.75	1215.75
26	368	0	420	143.75	931.75
27	766.5	70	390	276.25	1502.75
28	494	132	180	85	891
29	602	132	270	103.75	1107.75
30	466.5	0	330	113.75	910.25
31	896	128.6	240	50	1314.6
32	414	345.35	360	212.5	1331.85
33	412	168.6	390	93.75	1064.35
34	1552	213.2	0	0	1765.2
35	1076	225.6	0	150	1451.6
36	680.5	0	120	28.75	829.25
37	540	0	450	326.25	1316.25
38	529	0	390	318.75	1237.75
39	692.5	25	180	187.5	1085
40	486	66	270	87.5	909.5
Rata-Rata	523.275	67.16125	220.5	177.28125	988.2175
Total	20931	2686.45	8820	7091.25	39528.7
SD	302.4191	97.7983	132.1799	125.8500	315.5352



### Sayur, Buah, Snack, dan Minuman

responden	buah	snack	minuman
1	0	0	614
2	0	0	2002
3	0	0	104
4	0	0	1404
5	0	200	2
6	440	0	204
7	0	0	962.5
8	0	50	6
9	0	50	34
10	0	0	1302
11	0	0	2
12	0	0	200
13	0	0	1008
14	0	0	406
15	0	0	604
16	0	0	410
17	0	0	610
18	0	12.5	464
19	0	12.5	1206
20	0	62.5	1000
21	0	0	0
22	0	12.5	4
23	0	0	0



24	0	0	1016
25	0	0	22
26	0	0	530
27	0	0	1229
28	0	0	700
29	0	0	698
30	0	0	750
31	85	0	10
32	0	50	12
33	0	0	818
34	0	50	1634
35	0	0	1404
36	0	0	1287
37	0	12.5	610
38	0	0	530
39	0	0	0
40	0	0	514
Rata-Rata	13.125	12.8125	607.8125
Total	525	512.5	24312.5
SD	70.5172	35.0695	538.2205

### Lampiran 3. Pola Konsumsi Siswa Perempuan


#### Makanan Pokok

Responden	Makanan Pokok					Total (gr)
	Nasi	Bubur	Mi	Roti	Oat	
1	2000	75	0	0	0	2075
2	900	0	300	80	0	1280
3	1400	0	800	0	0	2200
4	2900	0	50	0	0	2950
5	3400	50	0	25	0	3475
6	2000	100	10	70	0	2180
7	3900	0	265	25	0	4190
8	2800	0	200	125	0	3125
9	3000	50	100	45	0	3195
10	3600	0	270	140	0	4010
11	2500	0	115	90	0	2705
12	3000	0	160	200	0	3360
13	1900	0	215	25	0	2140
14	900	0	100	25	0	1025
15	2300	100	190	25	0	2615
16	2700	0	390	0	0	3090
17	1300	100	270	0	0	1670
18	2800	0	215	0	0	3015
19	1500	210	10	25	0	1745
20	2800	0	80	25	0	2905

21	1100	0	145	50	0	1295
22	900	0	145	25	0	1070
23	1240	0	345	0	0	1585
24	1800	0	205	100	0	2105
25	2600	0	280	40	0	2920
26	2200	0	100	155	0	2455
27	2300	10	50	75	0	2435
28	2500	0	102.5	100	0	2702.5
29	2800	0	515	0	0	3315
30	2000	0	70	50	0	2120
31	3500	100	40	0	0	3640
32	2300	100	180	50	0	2630
33	2440	0	280	0	0	2720
34	3100	0	180	0	0	3280
35	3300	50	135	50	0	3535
36	3800	0	100	25	0	3925
37	3040	0	35	115	0	3190
38	2400	0	70	0	0	2470
39	2800	100	235	0	0	3135
40	2300	250	135	0	0	2685
Rata - Rata	2400.5	32.375	177.1875	44	0	2654.0625
Total	96020	1295	7087.5	1760	0	106162.5
SD	14467.2855	203.2758	1076.5966	269.3196	0.0000	15990.5650

**Lauk Pauk**

Responden	Lauk Pauk				Total (gr)
	Daging	Ikan	Telur	Tahu / Tempe	
1	403.7	335.8	270	175	1184.5
2	262.5	20	45	28.125	355.625
3	620	0	240	56.25	916.25
4	453	52.8	240	68.75	814.55
5	414	0	0	175	589
6	267	42	210	78.75	597.75
7	657.5	86	80	225	1048.5
8	1103	397.6	120	212.5	1833.1
9	619	506.1	90	87.5	1302.6
10	246	0	360	218.75	824.75
11	258	0	390	116.25	764.25
12	704	106.6	120	76.25	1006.85
13	586	0	180	128.75	894.75
14	227.5	28	90	18.75	364.25
15	290	40	270	151.25	751.25
16	481	0	150	238.75	869.75
17	171	0	120	198.75	489.75
18	358	31	300	210	899
19	201.5	0	90	28.75	320.25
20	374	40	210	216.25	840.25
21	132	0	30	78.75	240.75
22	306	0	30	66.25	402.25
23	599	28	150	47.5	824.5
24	728	0	150	93.75	971.75



25	284	120	150	28.75	582.75
26	433	0	120	18.75	571.75
27	268	0	120	85	473
28	378	40	420	218.75	1056.75
29	291	40	150	110	591
30	303	0	150	81.25	534.25
31	311.5	120	450	221.25	1102.75
32	226	30	210	122.5	588.5
33	449.5	156.6	230	151.25	987.35
34	651	140	150	205	1146
35	647	0	150	162.5	959.5
36	679	129	120	93.75	1021.75
37	1024	21	0	0	1045
38	765	21	180	243.75	1209.75
39	313	128.6	90	43.75	575.35
40	374.5	80	150	56.25	660.75
Rata - Rata	446.48	68.5025	169.375	120.953125	805.3106
Total	17859.2	2740.1	6775	4838.125	32212.43
SD	2695.8061	426.3773	1024.5877	731.4638	4856.1896

**Sayur, Buah, Snack, dan Minuman**

responden	sayur	buah	snack	minuman
1	421.25	0	0	525
2	45	0	0	3100
3	10	0	45	30
4	137.5	150	27.5	6
5	510	125	0	200
6	360	0	0	844.5
7	693.75	0	0	38
8	1953.75	0	0	1869.5
9	223.75	75	400	1497
10	760	0	52.5	826
11	377.5	0	87.5	288
12	410	0	37.5	2
13	140	0	12.5	456
14	355	120	87.5	920
15	500	0	40	408
16	327.5	0	0	343
17	140	0	0	224
18	70	0	37.5	8
19	375	0	195	1118
20	615	0	0	0
21	110	0	85	3
22	10	0	0	45.5
23	325	0	0	1052



24	150	0	0	830
25	303	0	0	322
26	462.5	0	0	1440
27	365	0	40	1288
28	175	0	0	114
29	590	0	25	554
30	370	0	0	624
31	307.5	150	100	706
32	300	0	0	914
33	200	0	150	40
34	445	0	0	311
35	1612.5	675	0	1300
36	512.5	0	0	234
37	387.5	477.5	0	412
38	495	150	0	236
39	252.5	270	0	418
40	402.5	0	0	604
rata-rata	405.0125	54.8125	35.5625	603.7625
total	16200.5	2192.5	1422.5	24150.5
SD	2463.7268	356.1450	225.9183	3684.9485



#### Lampiran 4. Nilai Total *Virtual Water* Siswa Laki – Laki

##### Makanan Pokok

Responden	Makanan Pokok (ml)					VW MP (ml)	Liter
	Nasi	Bubur	Mi	Roti	Oat		
1	11791400	0	52500	0	0	11843900	11843.9
2	10053720	0	52500	333500	0	10439720	10439.72
3	11791400	0	7500	0	0	11798900	11798.9
4	13032600	0	0	0	0	13032600	13032.6
5	11170800	0	165000	33350	0	11369150	11369.15
6	10550200	310300	150000	133400	0	11143900	11143.9
7	12536120	0	322500	0	0	12858620	12858.62
8	11791400	0	262500	0	0	12053900	12053.9
9	4964800	0	600000	0	503055	6067855	6067.855
10	6826600	0	322500	33350	0	7182450	7182.45
11	10674320	310300	281450	0	0	11266070	11266.07
12	10550200	0	277500	0	0	10827700	10827.7
13	6826600	0	105000	0	0	6931600	6931.6
14	10860500	0	375000	0	0	11235500	11235.5
15	12412000	0	7500.00	0	0	12419500	12419.5
16	9929600	0	172500	26680	0	10128780	10128.78
17	11791400	0	120000	0	0	11911400	11911.4
18	10860500	0	67500	0	0	10928000	10928
19	7757500	0	0	100050	0	7857550	7857.55
20	12722300	0	52500	0	0	12774800	12774.8

21	14894400	0	15000	333500	0	15242900	15242.9
22	8378100	0	75000	33350	0	8486450	8486.45
23	8998700	0	255000	0	0	9253700	9253.7
24	5275100	0	360000	33350	0	5668450	5668.45
25	10550200	0	585000	0	0	11135200	11135.2
26	8378100	0	802500	0	0	9180600	9180.6
27	15049550	0	217500	166750	0	15433800	15433.8
28	6826600	620600	7500.00	26680	0	7481380	7481.38
29	10550200	620600	7500	26680	0	11204980	11204.98
30	9929600	0	225000	100050	0	10254650	10254.65
31	11170800	0	0	0	0	11170800	11170.8
32	12101700	0	150000	66700	0	12318400	12318.4
33	7136900	0	52500	306820	0	7496220	7496.22
34	9929600	0	450000	0	0	10379600	10379.6
35	13032600	0	52500	0	0	13085100	13085.1
36	6826600	310300	510000	0	0	7646900	7646.9
37	11170800	0	120000	0	0	11290800	11290.8
38	9309000	0	555000	0	0	9864000	9864
39	11294920	310300	52500	0	0	11657720	11657.72
40	7136900	310300	559350	33350	0	8039900	8039.9
Total	406834330	2792700	8445800	1787560	503055	420363445	420363.445
Rata-Rata (ml)	10170858.25	69817.5	211145	44689	12576.375	10509086.13	10509.08613
Rata - Rata (L)	10170.85825	69.8175	211.145	44.689	12.576375	10509.08613	
SD (ml)	2421436.181	164608.3026	207656.9894	89795.40002	79539.9794	2295314.792	2295.314792
SD(L)	2421.436181	164.6083026	207.6569894	89.79540002	79.5399794	2295.314792	

**Lauk Pauk**

Responden	Lauk Pauk				VW	Liter
	Daging	Ikan	Telur	Tahu/Tempe	Lauk (ml)	
1	3301655	0	324000	558250	4183905	4183.905
2	1525975	0	1620000	38062.5	3184037.5	3184.0375
3	3023463	0	162000	464362.5	3649825.5	3649.8255
4	7950053	0	324000	38062.5	8312115.5	8312.1155
5	14394385	0	486000	654675	15535060	15535.06
6	6400074	0	1620000	1047987.5	9068061.5	9068.0615
7	3239996	0	972000	573475	4785471	4785.471
8	7712521	0	1296000	50750	9059271	9059.271
9	2068537	0	324000	406000	2798537	2798.537
10	4392493	0	486000	175087.5	5053580.5	5053.5805
11	1920629	0	972000	578550	3471179	3471.179
12	882291	0	1296000	268975	2447266	2447.266
13	6170705	0	324000	0	6494705	6494.705
14	1598112	0	1296000	319725	3213837	3213.837
15	4388019	0	1134000	96425.00	5618444	5618.444
16	6079530	0	1134000	378087.5	7591617.5	7591.6175
17	4167733	0	1944000	713037.5	6824770.5	6824.7705
18	4363374	0	1296000	535412.5	6194786.5	6194.7865
19	504959	0	1134000	431375	2070334	2070.334
20	2339012	0	2430000	408537.5	5177549.5	5177.5495
21	3855532	0	324000	421225	4600757	4600.757
22	1127580	0	648000.00	365400	2140980	2140.98

23	782409	0	1620000	426300	2828709	2828.709
24	8346285	0	648000	76125	9070410	9070.41
25	4658680	0	2268000	718112.5	7644792.5	7644.7925
26	4248054	0	2268000	291812.5	6807866.5	6807.8665
27	5365173.5	0	1782000	763787.5	7910961	7910.961
28	4267427	0	972000	172550	5411977	5411.977
29	4826479	0	1458000	210612.5	6495091.5	6495.0915
30	3376473.5	0	1782000	230912.5	5389386	5389.386
31	5898804	0	1296000	101500	7296304	7296.304
32	2216736	0	1944000	431375	4592111	4592.111
33	4603438	0	2106000	190312.5	6899750.5	6899.7505
34	14647070	0	0	0	14647070	14647.07
35	12082096	0	0	152250	12234346	12234.346
36	6738144.5	0	648000	58362.50	7444507	7444.507
37	4850260	0	2430000	662287.5	7942547.5	7942.5475
38	6068343	0	2106000	647062.5	8821405.5	8821.4055
39	7819083.5	0	972000	380625	9171708.5	9171.7085
40	4263275	0	1458000	177625	5898900	5898.9
Total	196464859	0	47304000	14215075	257983934	257983.934
Rata-Rata (ml)	4911621.475	0	1182600	355376.875	6449598.35	6449.59835
Rata-Rata (L)	4911.621475	0	1182.6	355.376875	6449.59835	
SD (ml)	3282065.204	0	704901.6953	250382.6794	3076671.799	3076.671799
SD(L)	3282.065204	0	704.9016953	250.3826794	3076.671799	

**Sayur, Buah, Snack, dan Minuman**

responden	Sayur (ml)	Liter	Buah (ml)	Liter	Snack (ml)	Liter	Minuman (ml)	Liter
1	422800	422.8	0	0	0	0	818436	818.436
2	207990	207.99	0	0	0	0	2304948	2304.948
3	338750	338.75	0	0	0	0	80296	80.296
4	250820	250.82	0	0	0	0	1638096	1638.096
5	366322.5	366.3225	0	0	142750	142.75	18948	18.948
6	104782.50	104.7825	669240	669.24	0	0	266496	266.496
7	159200	159.2	0	0	0	0	1154277.5	1154.2775
8	184930	184.93	0	0	191850	191.85	56844	56.844
9	57750	57.75	0	0	191850	191.85	356366	356.366
10	0	0	0	0	0	0	1472913	1472.913
11	258227.5	258.2275	0	0	0	0	18948	18.948
12	191502.5	191.5025	0	0	0	0	228600	228.6
13	395400	395.4	0	0	0	0	1218792	1218.792
14	276650	276.65	0	0	0	0	560268	560.268
15	147720	147.72	0	0	0	0	723696	723.696
16	462312.5	462.3125	0	0	0	0	551940	551.94
17	47760	47.76	0	0	0	0	780540	780.54
18	430767.5	430.7675	0	0	25375	25.375	296226	296.226
19	96275	96.275	0	0	25375	25.375	1428444	1428.444
20	203442.5	203.4425	0	0	126875	126.875	1143000	1143
21	789125	789.125	0	0	0	0	0	0
22	298245	298.245	0	0	25375	25.375	37896	37.896
23	43780	43.78	0	0	0	0	0	0

24	35820	35.82	0	0	1340808	1340.808	0	0
25	67185	67.185	0	0	0	0	208428	208.428
26	30610.00	30.61	0	0	0	0	813990	813.99
27	1387395	1387.395	0	0	50750	50.75	1631331	1631.331
28	69123.9	69.1239	0	0	0	0	1016640	1016.64
29	114367.8	114.3678	0	0	0	0	997692	997.692
30	99020	99.02	0	0	0	0	1522350	1522.35
31	515410	515.41	236980	236.98	0	0	94740	94.74
32	106732.5	106.7325	0	0	13750	13.75	113688	113.688
33	38317.5	38.3175	0	0	0	0	1084932	1084.932
34	0	0	0	0	13750	13.75	2341356	2341.356
35	428803.9	428.8039	0	0	0	0	1638096	1638.096
36	100862.50	100.8625	0	0	0	0	1472913	1472.913
37	1062045	1062.045	0	0	25375	25.375	780540	780.54
38	179387.5	179.3875	0	0	0	0	813990	813.99
39	641895	641.895	0	0	0	0	0	0
40	84625	84.625	0	0	0	0	662406	662.406
Total	10696153.1	10696.1531	906220	906.22	2173883	2173.883	30349062.5	30349.0625
Rata-Rata	267403.8275	267.4038275	22655.5	22.6555	54347.075	54.347075	758726.5625	758.7265625
SD	290116.462	290.116462	111345.0206	111.34502	214550.1456	214.550146	660866.1719	660.8661719

### Lampiran 5. Nilai Total *Virtual Water* Siswa Perempuan

#### Makanan Pokok

Responden	Makanan Pokok					VW MP (ml)	L
	Nasi	Bubur	Mi	Roti	Oat		
1	6206000	275693.5	0	0	0	6481693.5	6481.6935
2	2792700	0	450000	106720	0	3349420	3349.42
3	4344200	0	1162500	33350	0	5540050	5540.05
4	8998700	0	105000	0	0	9103700	9103.7
5	10550200	0	168950	33350	0	10752500	10752.5
6	6206000	310300	7500	89560	0	6613360	6613.36
7	11791400	0	390000	33350	0	12214750	12214.75
8	8378100	0	300000	166750	0	8844850	8844.85
9	9309000	168950	150000.00	60030	0	9687980	9687.98
10	11170800	0	405000	186760	0	11762560	11762.56
11	7757500	0	165000	120060	0	8042560	8042.56
12	9309000	0	225000	266800	0	9800800	9800.8
13	5895700	0	315000	33350	0	6244050	6244.05
14	2792700	0	150000.00	33350	0	2976050	2976.05
15	7136900	310300.00	270000	33350	0	7750550	7750.55
16	8378100	0	570000	0	0	8948100	8948.1
17	4033900	310300.00	382500	0	0	4726700	4726.7
18	8688400	0	315000	0	0	9003400	9003.4
19	4654500	489990	7500.00	33350	0	5185340	5185.34
20	8688400	0	112500	33350	0	8834250	8834.25
21	3413300	0	210000	66700	0	3690000	3690

22	2792700	0	210000	33350	0	3036050	3036.05
23	3847720	0	510000	0	0	4357720	4357.72
24	5585400	0	307500	133400	0	6026300	6026.3
25	8067800	0	412500	53360	0	8533660	8533.66
26	6826600	0	150000.00	206770	0	7183370	7183.37
27	7136900	0	82500.00	100050	0	7319450	7319.45
28	7757500	0	153750	133400	0	8044650	8044.65
29	8688400	0	981411	0	0	9669811	9669.811
30	6206000	0	105000	66700	0	6377700	6377.7
31	10860500	310300.00	30000	0	0	11200800	11200.8
32	7136900	310300.00	262500	66700	0	7776400	7776.4
33	7571320	0	451975	0	0	8023295	8023.295
34	9619300	0	458850	0	0	10078150	10078.15
35	10239900	0	371450	66700	0	10678050	10678.05
36	11791400	0	150000	33350	0	11974750	11974.75
37	9433120	0	52500	153410	0	9639030	9639.03
38	7447200	0	105000	0	0	7552200	7552.2
39	8688400	310300.00	352500	0	0	9351200	9351.2
40	7136900	775750	202500	0	0	8115150	8115.15
Total	297329460	3572183.5	11211386	2377370	0	314490399.5	314490.3995
Rata-Rata (ml)	7433236.5	89304.5875	280284.65	59434.25	0	7862259.988	7862.259988
Rata-Rata (L)	7433.2365	89.3045875	280.28465	59.43425	0	7862.259988	
SD (ml)	2489649.143	175786.397	237492.032	66728.057	0	2469413.354	2469.413354
SD (L)	2489.649143	175.786397	237.492032	66.728057	0	2469.413354	



**Lauk Pauk**

Responden	Lauk Pauk				VW	L
	Daging	Ikan	Telur	Tahu/Tempe	Lauk (ml)	
1	4939896.1	0	1458000	355250	6753146.1	6753.1461
2	2160260.5	0	243000	57093.75	2460354.25	2460.35425
3	6194513	0	1296000	114187.5	7604700.5	7604.7005
4	3765012	0	1296000	139562.5	5200574.5	5200.5745
5	2295078	0	0	304500	2599578	2599.578
6	2584594	0	1134000	159862.5	3878456.5	3878.4565
7	5075142.5	0	594000	456750	6125892.5	6125.8925
8	12473320	0	648000	431375	13552695	13552.695
9	6093256	0	486000	177625	6756881	6756.881
10	2357085	0	1944000	444062.5	4745147.5	4745.1475
11	4812843	0	2106000	235987.5	7154830.5	7154.8305
12	6863307	0	648000	154787.5	7666094.5	7666.0945
13	5921186	0	972000	261362.5	7154548.5	7154.5485
14	2365408.5	0	486000	38062.50	2889471	2889.471
15	3062941	0	1458000	307037.5	4827978.5	4827.9785
16	5801991	0	810000.00	484662.5	7096653.5	7096.6535
17	2051890	0	648000	403462.5	3103352.5	3103.3525
18	4943353	0	1620000	426300	6989653	6989.653
19	2221134.5	0	486000	58362.50	2765497	2765.497
20	3529057	0	1134000	438987.5	5102044.5	5102.0445
21	1835479	0	162000.00	159862.5	2157341.5	2157.3415
22	3904016	0	162000.00	134487.5	4200503.5	4200.5035
23	7735895	0	810000	96425.00	8642320	8642.32

24	9554727	0	810000	190312.5	10555039.5	10555.0395
25	2751064	0	810000	58362.50	3619426.5	3619.4265
26	3793067	0	648000	38062.5	4479129.5	4479.1295
27	2590143	0	648000.00	172550.00	3410693	3410.693
28	3200533	0	2268000	444062.5	5912595.5	5912.5955
29	1790119	0	810000	223300	2823419	2823.419
30	3135078	0	810000	164937.5	4110015.5	4110.0155
31	2691738.5	0	2430000	449137.5	5570876	5570.876
32	2662280	0	1134000	248675	4044955	4044.955
33	5069437.75	0	1242000	256287.5	6567725.25	6567.72525
34	4425979.5	0	810000	253750	5489729.5	5489.7295
35	4868956	0	810000	329875	6008831	6008.831
36	7658498	0	648000	190312.5	8496810.5	8496.8105
37	9565887	0	0	0	9565887	9565.887
38	5347996	0	972000	494812.5	6814808.5	6814.8085
39	2200287	0	486000.00	88812.5	2775099.5	2775.0995
40	2078100.5	0	810000	152250	3040350.5	3040.3505
Total	176370549.4	0	36747000	9595556.25	222713105.6	222713.1056
Rata-Rata (ml)	4409263.734	0	918675	239888.9063	5567827.64	5567.82764
Rata-Rata (L)	4409.263734	0	918.675	239.8889063	5567.82764	
SD (ml)	2443537.297	0	574304.1894	146205.7714	2480147.064	2480.147064
SD (L)	2443.537297	0	574.3041894	146.2057714	2480.147064	

**Sayur, Buah, Snack, dan Minuman**

Responden	Sayur (ml)	L	Buah (ml)	L	Snack (ml)	L	Minuman (ml)	L
1	321466.25	321.46625	0	0	0	0	905435	905.435
2	17910	17.91	0	0	0	0	3780540	3780.54
3	3980	3.98	0	0	243000	243	284220	284.22
4	139592.5	139.5925	161100	161.1	106375	106.375	56844	56.844
5	552240	552.24	116900	116.9	0	0	228600	228.6
6	255450	255.45	0	0	0	0	2270891	2270.891
7	528655	528.655	0	0	0	0	105522	105.522
8	1082383.75	1082.38375	0	0	0	0	2843343	2843.343
9	54492.5	54.4925	80550	80.55	448300	448.3	1891263	1891.263
10	704530	704.53	0	0	157125	157.125	1183836	1183.836
11	111447.5	111.4475	0	0	177625	177.625	395832	395.832
12	125550	125.55	0	0	76125	76.125	18948	18.948
13	55720	55.72	0	0	25375	25.375	845604	845.604
14	559190	559.19	271680	271.68	177625	177.625	1535420	1535.42
15	396260	396.26	0	0	131750	131.75	556104	556.104
16	166182.5	166.1825	0	0	0	0	636648	636.648
17	147720	147.72	0	0	0	0	397778	397.778
18	26630	26.63	0	0	76125	76.125	75792	75.792
19	155975	155.975	0	0	774480	774.48	1271802	1271.802
20	422405	422.405	0	0	0	0	0	0
21	135780	135.78	0	0	78350	78.35	39978	39.978
22	3980.00	3.98	0	0	0	0	116067	116.067
23	402875	402.875	0	0	0	0	1529718	1529.718

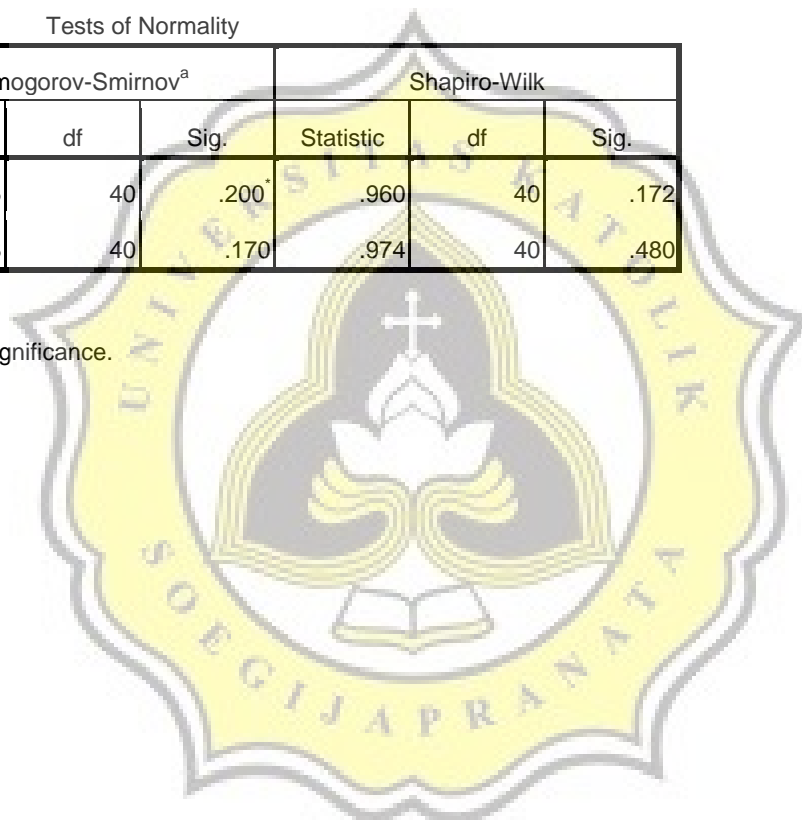
24	59700	59.7	0	0	0	0	1115160	1115.16
25	430380	430.38	0	0	0	0	526548	526.548
26	434987.5	434.9875	0	0	0	0	1875600	1875.6
27	126165	126.165	0	0	221960	221.96	1776372	1776.372
28	42297.5	42.2975	0	0	0	0	205206	205.206
29	215680	215.68	0	0	50750	50.75	786876	786.876
30	147260	147.26	0	0	0	0	829716	829.716
31	205452.5	205.4525	161100	161.1	183800	183.8	930984	930.984
32	119400	119.4	0	0	0	0	1119606	1119.606
33	208912.5	208.9125	0	0	197550	197.55	45720	45.72
34	117805	117.805	0	0	443920	443.92	380999	380.999
35	493732.5	493.7325	1143225	1143.225	0	0	1414000	1414
36	275037.5	275.0375	0	0	0	0	538796	538.796
37	109312.5	109.3125	655490	655.49	0	0	570888	570.888
38	177620	177.62	161100	161.1	0	0	1388748	1388.748
39	106257.5	106.2575	432780	432.78	0	0	569534	569.534
40	430747.5	430.7475	0	0	0	0	723696	723.696
Total	10071162.5	10071.1625	3183925	3183.925	3570235	3570.235	35768634	35768.634
Rata-Rata	251779.0625	251.7790625	79598.125	79.598125	89255.875	89.255875	894215.85	894.21585
SD	225340.8268	225.3408268	217345.181	217.3451806	159946.13	159.94613	828641.128	828.641128

## Lampiran 6. Uji T

Tests of Normality						
jk		Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk	
		Statistic	df	Sig.	Statistic	df
vw	laki	.105	40	.200*	.960	40
	perempuan	.118	40	.170	.974	40

a. Lilliefors Significance Correction

\*. This is a lower bound of the true significance.



Group Statistics

jk	N	Mean	Std. Deviation	Std. Error Mean
vw laki	40	18061.8183	4352.13726	688.13332
perempuan	40	14744.9365	3993.01340	631.35085

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
										95% Confidence Interval of the Difference
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
vw	Equal variances assumed	.472	.494	3.552	78	.001	3316.88175	933.87974	1457.67001	5176.09349
	Equal variances not assumed			3.552	77.429	.001	3316.88175	933.87974	1457.45386	5176.30964

Group Statistics

jk		N	Mean	Std. Deviation	Std. Error Mean
vw_mp	1.00	40	10509.0861	2295.31479	362.92113
	2.00	40	7862.2600	2469.41335	390.44853
vw_l	1.00	40	6449.5984	3076.67180	486.46452
	2.00	40	5567.8276	2480.14706	392.14568
vw_sa	1.00	40	267.4038	290.11646	45.87144
	2.00	40	251.7791	225.34083	35.62951
vw_b	1.00	40	22.6555	111.34502	17.60519
	2.00	40	79.5981	217.34518	34.36529
vw_sn	1.00	40	54.3471	214.55015	33.92336
	2.00	40	89.2559	159.94613	25.28970
vw_m	1.00	40	758.7266	660.86617	104.49212
	2.00	40	894.2158	828.64113	131.01967

## Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
									95% Confidence Interval of the Difference	
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
vw_mp	Equal variances assumed	.230	.633	4.965	78	.000	2646.82614	533.06830	1585.56868	3708.08359
	Equal variances not assumed			4.965	77.587	.000	2646.82614	533.06830	1585.47964	3708.17263
vw_l	Equal variances assumed	.810	.371	1.411	78	.162	881.77071	624.84076	-362.19168	2125.73310
	Equal variances not assumed			1.411	74.637	.162	881.77071	624.84076	-363.07502	2126.61644
vw_sa	Equal variances assumed	.514	.476	.269	78	.789	15.62477	58.08314	-100.00989	131.25942
	Equal variances not assumed			.269	73.500	.789	15.62477	58.08314	-100.12149	131.37102
vw_b	Equal variances assumed	6.128	.015	-1.475	78	.144	-56.94263	38.61238	-133.81397	19.92872
	Equal variances not assumed			-1.475	58.152	.146	-56.94263	38.61238	-134.22941	20.34416
vw_sn	Equal variances assumed	.427	.515	-.825	78	.412	-34.90880	42.31268	-119.14688	49.32928
	Equal variances not assumed			-.825	72.120	.412	-34.90880	42.31268	-119.25520	49.43760
vw_m	Equal variances assumed	.635	.428	-.808	78	.421	-135.48929	167.58507	-469.12553	198.14696
	Equal variances not assumed			-.808	74.322	.421	-135.48929	167.58507	-469.38578	198.40721